

INTRODUCTION TO SOCIOLOGY

Course Objectives:

The course is designed to introduce the students with sociological concepts and the discipline. The focus of the course shall be on significant concepts like social systems and structures, socio-economic changes and social processes. The course will provide due foundation for further studies in the field of sociology.

Course Outline:

1. Introduction
 - a. Definition, Scope, and Subject Matter
 - b. Sociology as a Science
 - c. Historical back ground of Sociology
 - d. Relationship of sociology with other social sciences
2. Basic Concepts
 - a. Group, Community, Society
 - b. Associations
 - i. Non-Voluntary
 - ii. Voluntary
 - c. Organization
 - i. Informal
 - ii. Formal
 - d. Social Interaction
 - i. Levels of Social Interaction
 - ii. Process of Social Interaction
 - a) Cooperation
 - b) Competition
 - c) Conflict
 - d) Accommodation
 - e) Acculturation and diffusion
 - f) Assimilation
 - g) Amalgamation
3. Social Groups
 - a. Definition and Functions
 - b. Types of social groups
 - i. In and out groups
 - ii. Primary and Secondary group
 - iii. Reference groups
 - iv. Informal and Formal groups
 - v. Pressure groups
4. Culture
 - a. Definition, aspects and characteristics of Culture

- i. Material and non material culture
 - ii. Ideal and real culture
 - b. Elements of culture
 - i. Beliefs
 - ii. Values
 - iii. Norms and social sanctions
 - c. Organizations of culture
 - i. Traits
 - ii. Complexes
 - iii. Patterns
 - iv. Ethos
 - v. Theme
 - d. Other related concepts
 - i. Cultural Relativism
 - ii. Sub Cultures
 - iii. Ethnocentrism and Xenocentrism
 - iv. Cultural lag
- 5. Socialization and Personality
 - a. Personality, Factors in Personality Formation
 - b. Socialization, Agencies of Socialization
 - c. Role and Status
- 6. Deviance and Social Control
 - a. Deviance and its types
 - b. Social control and its need
 - c. Forms of Social control
 - d. Methods and Agencies of Social control
- 7. Collective Behaviour
 - a. Collective behaviour, its types
 - b. Crowd behaviour
 - c. Public opinion
 - d. Propaganda
 - e. Social movements
 - f. Leadership

Suggested Readings:

1. Anderson, Margaret and Howard F. Taylor. 2001. *Sociology the Essentials*. Australia: Wadsworth.
2. Brown, Ken 2004. *Sociology*. UK: Polity Press
3. Giddens, Anthony 2002. *Introduction to Sociology*. UK: Polity Press.
4. Macionis, John J. 2006. 10th Edition *Sociology* New Jersey: Prentice-Hall
5. Tischler, Henry L. 2002. *Introduction to Sociology* 7th ed. New York: The Harcourt Press.

6. Frank N Magill. 2003. *International Encyclopedia of Sociology*. U.S.A: Fitzroy Dearborn Publishers
7. Macionis, John J. 2005. *Sociology* 10th ed. South Asia: Pearson Education
8. Kerbo, Harold R. 1989. *Sociology: Social Structure and Social Conflict*. New York: Macmillan Publishing Company.
9. Koenig Samuel. 1957. *Sociology: An Introduction to the Science of Society*. New York: Barnes and Nobel..
10. Lee, Alfred Mclung and Lee, Elizabeth Briant 1961. *Marriage and The family*.New York: Barnes and Noble, Inc.
11. Leslie, Gerald et al. 1973. *Order and Change: Introductory Sociology*Toronto: Oxford University Press.
12. Lenski, Gevbard and Lenski, Jeam. 1982. *Human Societies*. 4th edition New York: McGraw-Hill Book Company.
13. James M. Henslin. 2004. *Sociology: A Down to Earth Approach*. Toronto: Allen and Bacon.

PAKISTANI SOCIETY AND CULTURE

Course Objectives:

The course aims to make students learn about the nature and structure of Pakistani society. It aims to impart knowledge about national culture and sub-cultures of Pakistan. The course will develop understanding about the integrated function of various social institutions in the country.

Course Outline

1. Introduction
 - a. Definition of Society
 - b. Characteristics of Pakistani Society
 - c. Social Stratification, Cast, Class and Ethnicity
 - d. Social Institutions in Pakistan
 - i. Family
 - ii. Religion
 - iii. Economy
 - iv. Politics
 - v. Education
 - vi. Recreational
2. Educational Dynamics
 - a. Illiteracy
 - b. Literacy
 - c. Universal Primary Education Concept
 - d. Schools; Technical and Higher Education

- e. Status of Formal and Informal Education
- 3. Historical Perspective of Pakistani Culture
 - a. Provincial Culture
 - b. Culture of Punjab
 - c. Culture of Sindh
 - d. Culture of KPK
 - e. Culture of Balochistan
 - f. Culture of Kashmir and Northern Areas
- 4. Urban and Rural Division of Pakistan
 - a. Rural Society
 - b. Urban Society
 - c. Rural Power Structure
- 5. Minority and Their Belief
- 6. Major Social Problems
- 7. Major Occupation and Production Activities

Suggested Readings:

1. Ahmad S. A. 1975. *Mataloona: Pukhto Proverbs*. Oxford University Press, Karachi. p.57.
2. Ahmad S.A 1980. *Pukhtun Economy and Society. Traditional Structure and Economic Development in a Tribal Society*. London: Routledge and Kegan Paul. p.24.
3. Caroe, Olaf. 1977. *A Review of Ahmad 1977. In Asian affair. , Vol.VII (October), pp. 352-3.*
4. Churchill Winston 1898. *The Story of the Malakand Field Force*. Leo Cooper and Octopus Publishing Groups (2002) plc, London. pp.51-72.
5. Dupree. L. 1980. *Afghanistan*. Princeton University Press. p.126.
6. Gluckman M. 1971. *Politics, Law and Ritual in Tribal Society*. Basil Blackwell, Oxford.
7. Lindholm C. 1996. *Frontier Perspective: Essay in Comparative Anthropology*. Karachi: Oxford University Press. p.196.
8. Mumtaz K. 1987. *Women of Pakistan in Readings on Women in Pakistan*. John Murray. London. p .7.
9. Mumtaz K. and Farida S. 1987. *Women of Pakistan, Two Steps Forward One Step Back*. Vanguard. p.54-90.
10. Shaheed, F. and. Mumtaz K. 1990. *Women's Participation in Pakistan*. Shaheed, F. et al. 1998. *Women in Politics: Participation and Representation in Pakistan*. Shirkat Gah, Pakistan. p.365.
11. Aisha L. F. Shaheed 2004. *Great ancestors: women asserting rights in Muslim contexts: information and training kit*. Lahore, Pakistan: Shirkat Gah.
12. Spain, W.J. 1963. *The Pathan Border Line*. Mouton, The Hague. p.69.

13. Zia S and Bari F. 1999. *Women's Political Participation in Pakistan* Unpublished Report.

SOCIOLOGICAL THEORIES

Course Objectives:

The course provides a review of sociological theories i.e. classical, contemporary and modern sociological thinking. It focuses on the content and utility of theories in terms of understanding social world. While the course provides a general history of sociological theory, the focus remains on examining how theories have provided the basis for a better understanding of the character and dynamics of societies around the world. The contents of the course also help understand the nature of sociological theories.

Course Outline:

Introduction

- a. Meaning and Types
- b. Development of sociological theory
- c. Functions of sociological theory
- d. Theory and Theorizing

Contemporary Sociological Theory

- a. Talcott Parsons
- b. George Simmel
- c. Robert K Merton
- d. Ralph Dahrendorf
- e. C.W.Mill
- f. GH Mead
- g. CH Cooley

Modern Sociological Theory

- a. Pierre Bourdieu
- b. Anthony Giddnes
- c. Jurgen Habermas
- d. Michel Foucault
- e. George Ritzer

Suggested Readings:

1. Ritzer G. (2000). *Classical Sociological theory* 3rd Ed. McGraw Hill.
2. Ritzer G. (2000). *Modern Sociological theory* 5rd Ed. McGraw-Hill.
3. Ritzer G. (1997). *Post modern Social theory*. McGraw-Hill.

4. Farganis J.(2000). Readings in Social Theory: The Classic Traditions to Post Modernism, 3rd Ed. MicGraw Hill.
5. Ashley D, Orenstein DM (2005). *Sociological theory: Classical statements (6th ed.)*. Boston, Massachusetts, USA: Pearson Education.
6. Enan, Muhammed Abdullah (2007). *Ibn Khaldun: His Life and Works*. The Other Press. p. v. ISBN983-9541-53-6
7. Copleson, Frederick S.J. [1974] *A History of Philosophy: IX Modern Philosophy* (1994). Image Books, New York.
8. Berlin, Isaiah. 1967. *Karl Marx: His Life and Environment*. Time Inc Book Division, New York.
9. Wacquant, Loic. 1992. "Positivism." In Bottomore, Tom and William Outhwaite, ed., *The Blackwell Dictionary of Twentieth-Century Social Thought*. **Blackwell**.
10. Gianfranco Poggi (2000). *Durkheim*. Oxford: Oxford University Press.
11. Durkheim, Émile [1895] "The Rules of Sociological Method" 8th edition, trans. Sarah A. Solovay and John M. Mueller, ed. George E. G. Catlin (1938, 1964 edition),
12. Habermas, Jürgen, *The Philosophical Discourse of Modernity: Modernity's Consciousness of Time*, Polity Press (1990), paperback, ISBN 0-7456-0830-2
13. Miller, David (2009). *George Herbert Mead: Self, Language, and the World*. University of Texas Press. ISBN 0-292-72700-3.
14. Bendix, Reinhard (July 1, 1977). *Max Weber: An Intellectual Portrait*. University of California Press. ISBN0-520-03194-6.
15. Halfpenny, Peter. (1982). *Positivism and Sociology: Explaining Social Science*. London:Allen and Unwin, .
16. Fish, Jonathan S. 2005. 'Defending the Durkheimian Tradition. Religion, Emotion and Morality' Aldershot: Ashgate Publishing.
17. Rickman, H. P. (1960) *The Reaction against Positivism and Dilthey's Concept of Understanding*, The London School of Economics and Political Science.
18. Ferdinand Tönnies (ed. Jose Harris) (2001), *Community and Civil Society*, Cambridge University Press. ISBN 0-521-56119-1
19. Weber, Max (1991) *The Nature of Social Action* in Runciman, W.G. 'Weber: Selections in Translation' Cambridge University Press.
20. Kaern, Phillips and Cohen. (1990) *Georg Simmel and Contemporary Sociology*. Springer Publishing. ISBN 978-0-7923-0407-4.
21. Levine, Donald (ed) (1971). *Simmel: On individuality and social forms'* Chicago University Press, 1971.
22. Durkheim, Émile (1984). *The Division of Labor in Society* [1893] LA Coser: New York: The Free Press.
23. Marx and Engels, (1998). *The Communist Manifesto*, introduction by Martin Malia (New York: Penguin group, 1998). ISBN 0-451-52710-0

24. Richard Rorty. (1986). *Foucault and Epistemology* in Hoy, D (eds) 'Foucault: A critical reader' Basil Blackwell. Oxford.
25. Giddens, A (1996). *The Constitution of Society*. California: University of California Press. pp. 14–19. ISBN0-520-05728-7.
26. Haralambos and Holborn. *Sociology: Themes and perspectives* (2004) 6th ed, Collins Educational. ISBN 978-0-00-715447-0.
27. Berger, Peter L. *The Sacred Canopy: Elements of a Sociological Theory of Religion* (1967). Anchor Books 1990 paperback: ISBN 0-385-07305-4
28. Collins, Randall. 1994. *Four Sociological Traditions*. Oxford, Oxford University Press ISBN 0-19-508208-7 . OCLC28411490.
29. Coser, Lewis A. (1971) *Masters of Sociological Thought: Ideas in Historical and Social Context*, New York, Harcourt Brace Jovanovich. ISBN 0-15-555128-0.
30. Merton, Robert K.. 1959. *Social Theory and Social Structure. Toward the codification of theory and research*, Glencoe: Ill. (Revised and enlarged edition) . OCLC4536864.
31. Mills, C. Wright (1959). *The Sociological Imagination*, Boston.
32. Mitchell, Geoffrey Duncan (2007, originally published in 1968). *A Hundred Years of Sociology: A Concise History of the Major Figures, Ideas, and Schools of Sociological Thought*. New Brunswick, New Jersey: Transaction Publishers. ISBN978-0-202-36168-0. OCLC145146341.
33. Nisbet, Robert A. 1967. *The Sociological Tradition*, London, Heinemann Educational Books. ISBN 1-56000-667-6 . OCLC26934810.
34. Ritzer, George and Douglas J. Goodman. 2004. *Sociological Theory, Sixth Edition*. McGraw Hill. ISBN 0-07-281718-6 . OCLC52240022.
35. Scott, John and Marshall, Gordon (eds) *A Dictionary of Sociology* (3rd Ed). Oxford University Press, 2005, ISBN 0-19-860986-8. OCLC60370982.
36. Wallace, Ruth A. and Alison Wolf. 1995. *Contemporary Sociological Theory: Continuing the Classical Tradition*, 4th ed., Prentice-Hall. ISBN 0-13-036245-X . OCLC31604842.

DEVELOPMENT OF SOCIAL THOUGHT

Course Objectives:

The course will provide familiarity about history of social thought, stages of social development and change. The course will emphasize contributions of Western, Eastern and Muslim Thinkers towards social thought and social development.

Course Outline:

1. Introduction
 - a. Historical Development of Social Philosophy
 - b. Difference between social thought and sociological theory
2. Early Social Thought
 - a. Folk Thinking
 - b. Greek
 - c. Egyptian
 - d. Babylonian
 - e. Chinese
 - f. Indian Social Thought
3. Contribution of Muslim Thinkers in Social thought
 - a. Abuzar Ghafari
 - i. Wealth Theory
 - b. Imam Ghazali
 - i. Causes of group life
 - ii. Social justice
 - iii. Educational reforms
 - c. Ibn-E-Khuldun
 - i. Philosophy of history
 - ii. Science of culture
 - iii. Ethnocentrism
 - iv. Rise and fall of nations
 - v. Causes of social life
 - d. Shah Waliullah
 - i. Evolution of society
 - ii. Causes of social life
 - iii. Societal disease
 - iv. Concept of perfect society
 - e. Moulana Ubedullah Sindhi
 - i. Basic Human Ethics
 - f. Allama Iqbal
 - i. Concept of self

- ii. Theory of religion
- iii. Concept of 'Ummah'

4. Classical Sociological Theory:

- i. Herbert Spencer
- ii. Auguste Comte
- iii. Karl Marx
- iv. Emile Durkheim
- v. Max Weber
- vi. Ferdinand D. Tonnies
- vii. W. G. Sumner

Suggested Readings:

1. Barnes, H.E. (Ed.) 1966. *An Introduction to the History of Sociology*. Chicago: The University of Chicago Press.
2. Bogardus, Emory S. 1960. *The Development of Social thought*. 4th ed. New York: Longmans, Green and Co.
3. Coser, Lewis A. 1971. *Masters of Sociological Thought: Ideas in Historical and Social Context*. New York: Harcourt Brace Jovanovich Publishers
4. Coser, Lowis A. 1977. *Masters of Sociological Thought*. New York: Harcourt Brace Jovanarich Publisher
5. Kinlock, Graham C. 1987. *Sociological Theory:Its Development and Major Paradigms*. New York: McGraw-Hill Inc.
6. Keat, Russel and John Urry. 1982. *Social Theory as Science*. London: Routledge and Kegan Paul Ltd.
7. Ritzer, George. 2000. *Sociological Theory*. 5th ed. York: McGraw Hill Book Co.
8. Turner J.H. 2003. *The Structure of Sociological Theory*. 7th ed. Australia: Thomson Wadsworth
9. Zeitlin, Irving M. 1981. *Ideology and the Development of Sociological Theory*. New Jersey: Prentice-Hall, Inc.
10. Turner, J H. 1987. *The Structure of Sociological Theory* Homewood Illinois: Dorsey Press.
11. Ritzer, George. 1988. *Sociological Theory*. Singapore: McGraw-Hill.
12. Coser, L A. 1971. *Master of Sociological Thought: Ideas in Historical Social Context*. New York, Harcourt Brace.
13. Dubin Robert. 1978. *Theory Building*. New York: Maxwell, Macmillan.

METHODS OF SOCIAL RESEARCH

(Introduction to Social Research)

Course Objectives:

The course aims to learn about the basic concepts of social research, various components of research and the usage of various methodologies while conducting research on different issues.

Course Contents:

Introduction

- a. Definition, significance of social research
- b. Characteristics of scientific social research
- c. Pure and applied research
- d. Quantitative and qualitative approach in social research

Research Problem

- a. Selections and formulation of research problems
- b. Determinates of significant problems
- c. Components of a problems

Research Design

- a. Components of a research design
- b. Types of research design
- c. Scope and utility of research design
- d. Abstraction and generalization – deduction and induction
- e. Conceptualization and re – conceptualization

Hypothesis and Operationalization

- a. Meaning and definition of operationalization
- b. The process of operationalization.
- c. Reliability and validity
- d. Meaning and forms of hypothesis
- e. Function of hypothesis
- f. Sources and logic of deriving hypothesis
- g. Statistical testing of hypothesis

Sampling

- a. Nature and importance
- b. Forms: probability and non – probability

Methods, Instruments and Techniques of Data Collection

- a. Sources of data
- b. Methods of data collection
- c. Survey method
- d. Experimental method
- e. Historical method / documentation
- f. Planning, techniques and instruments of data collection

- g. Questionnaire
- h. Interview schedule / guide
- i. Observation – participant, non – participant

Measurement and Scaling

- a. Indexes and scores
- b. Types of scales
- c. Ranking scales
- d. Paired comparison
- e. Method of equal appearing interval
- f. Internal consistency scale Thurston scale
- g. Rating scales

Analysis and Interpretation of Data

- a. Coding and tabulation
- b. Manual and computer operations
- c. Analysis of data and hypothesis

Presentation of Data and Report Writing

- a. Editing and coding of questionnaires
- b. Graphic and pictorial presentations
- c. Report writing
- d. Format of the report
- e. Bibliography, foot notes and references

Recommended Books:

1. Alwin, Duene F. 2007. Margins of Error; A Study of Reliability in Survey Measurements. U.S.A.: John Wiley and Sons, Inc.
2. Babbie, Earl. 2004. The Practice of Social Research. 10th Edition. Belmont: CA Words Worth Publishing.
3. Bridge Semekh and Culhy. 2005. Research Methods in the Social Science. New Delhi: Vistaar Publisher.
4. Christopher Winship, 2003, Sociological Methods and Research. London: Sage Publications.
5. Monette, Duane R., Sullivan, Thomas J. and Dejong, Cornell R. 1998 Applied Social Research: Tool for the Human Services (4th Edition) New York: Harcourt Brace College Publishers.
6. Nachimas, Chava Frankfort and David Nachmias (1997) Research Methods in the Social Sciences (5th Edition) New York: St. Martin's Press Inc.
7. Neuman William Lawrence. (2000) Social Research Methods 4th ed. Allyn and Eacon., Boston.
8. Somekh and Lewin, 2005, Research methods in Social Sciences, Vistaar, Publication, New Delhi.

9. **Neuman, W. Lawrence (2000). "Social Research Methods". New York: Allyn and Bacon.**
10. **Baker, Therese L. (1989). "Doing Social Research". McGraw-Hill.**
11. **Babbie, Earl (2005). "The Practice of Social Research". Belmont, California: Wordsworth.**
12. Juliet Corbin and Anselm C Strauss, Basics of Qualitative Research (Third Edition) (2008) Sage Publications New Delhi

GENDER STUDIES

Course Objectives:

This course aims at providing basic concepts about gender. The historical movements and feminist perspectives about gender shall be given. The course will provide understanding about globalization and its role towards changing gender relation in various societies around the world. Special emphasis shall be given to Muslim and Pakistani societies. Specific areas of gender discrimination (both for men and women) will also be learnt.

Course Outline:

Introduction

- 1 Definition, concepts and Importance
- 2 Women's lives and Sociological Perspectives
- 3 Feminism and Masculism
- 4 Gender and Social Institutions

Gender and Socialization

1. Agencies of Socialization
2. Learning Process: Identification Theory, Social Learning Theory, Cognitive Development Theory

Gender Issues in Pakistan

1. Higher education and Gender
2. Women and Health
3. Violence against women
4. Gender and Media
5. Gender and Environment

Gender and Inequality

1. Property Rights
2. Employment
3. Politics
4. Women and Law in Pakistan

Women and Development

1. Women's Day
2. Women's and Multimedia
3. Women and Rural Development
4. The Administrative Wing
5. Nikahanama

Changing Role of Women

1. Changing role of urban women
2. Changing role of Rural women

Suggested Readings:-

1. Beauvoir, Simone De (2007), *The second Sex*, Vintage.
2. Bornsterin, Kate (1995), *Gender outlaw: on Men, Women and Rest of US*, Vintage.
3. Butler, Judith (2004), *Undoing Gender*, Routledge.
4. Butler; Judith (2006), *Gender Trouble: Feminism and the Subversion of Identity*, Routledge.
5. Foucault, Michel (1990), *the History of Sexuality: An introduction*, Vintage.
6. Jane Pilcher, (2008) *50 Key Concepts in Gender Studies*, Sage Publication New Delhi
7. Jasmin Mirza. 2002. *Between Chadar and the Market*. Oxford University Press. Karachi.
8. Johan Z Spade, (2008) *The Kaleidoscope of Gender*, Sage Publication New Delhi;
9. Kapadia, K. (2002). *The Violence of Development*. London, Zed Books.
10. Kathy Davis, Mary S Evans and Judith Lorber, (2008) *Handbook of Gender and Women's Studies* Sage Publication New Delhi;
11. Mary Holmes, (2008) *What is Gender? (Sociological Approaches)* Sage Publication New Delhi;
12. Mead, Margaret (2001), *Male and Female*, Harper Perennial.
13. Radtke, H.Lorraine and Henderikus J. Stam 1994-95. *Power and Gender*. Sage Publication, London.
14. Ronnie Vernooy (2008) *Social and Gender Analysis in Natural Resource Management*, Sage Publication New Delhi;
15. Shaista, Ikramullah, 2000, *From Purdah to Parliament*. Oxford University Press, Karachi.
16. Sharlene Nagy Hosse Biber (2008) *Handbook of Feminist Research* Sage Publication New Delhi.
17. Sharmila Rege, (2008) *Sociology of Gender (The Challenge of Feminist Sociology knowledge)* Sage Publication New Delhi;
18. Sharukh Rafiq. 2000. *50 years of Pakistan's Economy*. Oxford University Press.

19. Social Policy and Development Centre (2000). Social Development in Pakistan. New York, Oxford University Press.
20. Sterling, Anne Fausto (2000), Sexing the Body: gender Politics and the Construction of sexuality, Basic Books. New Ed edition.
21. Sudah, D.K. 2000, Gender Role. A.P.H Publication, India.